



**LYNFIELD  
COLLEGE**

# NEWSLINK

NEWSLETTER 17 | 27 OCTOBER 2023

## *From Tumuaki Cath Knell*

***He aha te mea nui o te ao***

***He tangata, he tangata, he tangata***

What is the most important thing in the world?

It is the people, it is the people, it is the people.

### ***Mālo ni***

We extend a very warm welcome to the parents and whānau of students joining us in 2024. You will now receive our fortnightly newsletters. We look forward to meeting our 2024 Year 9 intake at one of the Taster Days, scheduled for later in November, before they join us in 2024.

This week we are celebrating Tokelau Language Week with our student leaders sharing information and language tips with our students through Hui mai.

### ***Preparing for NCEA externals***

Our student leaders are also mindful of student stress levels in those sitting NCEA externals and Scholarship exams. They have shared a resource with tips on dealing with anxiety, again through Hui mai. It has been reassuring to see students maximise their learning opportunities by making good use of their time in class before they begin study leave. The last day of classes for Year 12 and 13 is Monday 30 October. The last day of classes for Year 11 is Wednesday 1 November.

### ***Year 13 Appreciation Day***

As we reach the end of the school year for our Year 13 students, we acknowledge their time here at Lynfield College over these last five years. We look forward to celebrating their personal successes with them at the Year 13 Appreciation Day on Tuesday 31 October (10.00am - 12.00pm) prior to celebrating their academic achievements that evening at our Senior Academic Prizegiving. Staff and students have invested considerable time in planning both of these events so that they can be enjoyed by all present. The Year 13 Appreciation Day is just for Year 13 students. Therefore, there will be no onsite classes for Years 9-12. If students under 14 years old require supervision on this day, please register them with the school Office.

### ***Student Success***

Thank you to those who joined us at our Festival Awards Evening last Thursday, either in person or via the live streaming link, in celebrating the successes of our very talented students in sports, the arts and cultural activities. We look forward to more of you joining in our celebrations of student achievement at our Senior Academic Prizegiving next Tuesday 31 October and at our Year 11 Prizegiving next Thursday 2 November. The livestream link to the Senior Prizegiving will be emailed out on Tuesday.

### ***Ke manuia te aho - have a nice day***

Cath Knell

**Tumuaki | Principal**

## **IN THIS ISSUE**

- *Message from Tumuaki Cath Knell*
- *Festival Awards Evening*
- *Important Dates for Term 4*
- *Key Information for NZQA External Exams*
- *Y8 Welcome to Lynfield College – Taster Days*
- *Project Week – Week 9*
- *10COM Market Day*
- *1HPR Visit Sunset BUPA*
- *Learning Cycle Visit Chinese Language Classes*
- *LC Talented Performers*
- *Learning German Creates Opportunities*
- *Y13 School Spirit Activities*
- *Careers Updates*
- *Sports Scene*
- *Individual Sports Honours*
- *Uniform Shop Late Night*
- *Proactive Physiotherapy*

## **COMING EVENTS**

***Monday 30 October***

***Last day of classes Y12 & 13***

***Tuesday 31 October***

***Y13 Appreciation Day***

***NO OTHER STUDENTS ONSITE***

***Senior Prizegiving 6.15pm***

***Wednesday 1 November***

***Last day of classes Y11***

***Thursday 2 November***

***Y11 Prizegiving 9.30am***

## ***Festival Awards Evening***

On Thursday 19 October, we held our annual Lynfield College Senior Festival Awards Evening celebrating student success in sports, the arts and cultural activities.

We simultaneously hosted a prizegiving and live-streamed the event to enable all our students and their families to join us in looking back on what our students achieved in 2023.

We would like to thank everyone who has supported our students' sports, arts and cultural activities this year.

***Congratulations to all our award winners.***

Dux Artium	<i><b>Caleb Young</b></i>	Sports Team of the Year	<i><b>Squash Premier</b></i>
Dux Ludorum Boys	<i><b>Micah Apelu</b></i>	Runner Up Sports Team	<i><b>Football 1<sup>st</sup> XI Boys</b></i>
Dux Ludorum Girls	<i><b>Maria Petelo</b></i>	Winning House	<i><b>Faumuina House</b></i>
Outstanding Sporting Performance	<i><b>Kevin Zhang</b></i>	Year 13 Musician of the Year	<i><b>Caleb Young</b></i>
Lynfield College Sports Scholarship	<i><b>Tom Tuipulotu</b></i>	Jazz Musician of the Year	<i><b>Caleb Young</b></i>
Arts and Culture Scholarship	<i><b>Riya Patel</b></i>	Year 12 Musician of the Year	<i><b>Daisy Chen</b></i>
Year 12 Sportswoman of the Year	<i><b>Fiona Siaopo</b></i>	Year 11 Musician of the Year	<i><b>William Day</b></i>
Year 12 Sportsman of the Year	<i><b>Kevin Zhang</b></i>	Team of the Year	<i><b>Robotics Team 2915U</b></i>
Runner Up Year 12 Sportsman	<i><b>Calum Bint</b></i>	Group of the Year	<i><b>Rock Band Fan Club</b></i>
Year 11 Sportswoman of the Year	<i><b>Prianka Patel</b></i>	Cultural Ambassador Award	<i><b>Temeneti Matthews</b></i>
Runner Up Year 11 Sportswoman	<i><b>Agnes Wulf</b></i>	Kapa Haka Senior Leadership	<i><b>Hunter Savieti</b></i>
Year 11 Sportsman of the Year	<i><b>Troy Maka</b></i>	Staff Award	<i><b>Daniel Lee</b></i>
Runner Up Year 11 Sportsman	<i><b>Sione Apelu</b></i>	Staff Award	<i><b>Peter Jamieson</b></i>



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## Important Dates for Term 4

Monday 30 October	Last day of classes for Year 12 and Year 13 (full day)
Tuesday 31 October	Year 13 Appreciation Day 10.00am – 12.00pm <b>No other students onsite – no classes for Year 9 – 12 students</b> <b>Senior Academic Prizegiving 6.15pm for a 6.30pm start</b>
Wednesday 1 November	Last day of classes for Year 11 (full day) Year 13 Leavers' Dinner, offsite, 6.00 – 9.00pm
Thursday 2 November	<b>Year 11 Academic Prizegiving 9.30am</b> Year 11 students then go on NCEA Study Leave
Monday 6 November	NCEA exams start
Wednesday 15 November	MOE Curriculum & Assessment Change <b>Teacher Only Day. No classes for Y9 and Y10</b>
Thursday 30 November	NCEA exams finish
Friday 1 December	Year 13 Leavers' Morning 9.30 – 11.30am
Tuesday 12 December	<b>Year 9 Prizegiving 9.00am.</b> Y9 students then leave for the year. <b>Year 10 Prizegiving 11.00am.</b> Y10 students then leave for the year.

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## Key Information for NZQA External Exams 2023

**Below are some links to NZQA resources that will be useful for the upcoming external exams.**

NCEA Exam timetable: <https://www2.nzqa.govt.nz/assets/NCEA/2023-exam-timetable-with-RAS.pdf>

Candidate information sheet for the external exams:

[www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/entry-into-ncea/](http://www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/entry-into-ncea/)

NZQA login: Where to access results when they come out in January (under learner log in)

<https://www.nzqa.govt.nz/login/>

**Student Exam Hub:**

Resources for your exams (preparing for your exam, rules, hand study tips and setting up an NZQA account if you don't have one (Required if you are doing digital exams)

<https://www.nzqa.govt.nz/ncea/ncea/>

**Digital Exams:**

Here is a link to a comprehensive help sheet– [Digital exam preparation for students](#)

**It is very important that all students have a NZQA account before the exams and that they remember their password.**

**Studyit:**

<https://studyit.govt.nz/>

Join to discuss achievement standards, and general study and exam advice for NCEA Science, Maths and English with other students and teachers.

**Derived Grades:**

Where a student faces extenuating circumstances and is not able to sit their NCEA external examinations, a derived grade can be applied for using [this link](#). Students need to provide supporting documents that show why, for circumstances beyond their control, they: couldn't attend an external examination or submitted an incomplete externally assessed portfolio. All Derived Grades are only provisional. They are confirmed by NZQA in January when results are released. If you have any issues about the external exams, please contact Deputy Principal Sandy Harris [saharris@lynfield.school.nz](mailto:saharris@lynfield.school.nz)



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## *Year 8 Welcome to Lynfield College!*

We are welcoming current Year 8 students who are enrolled for Lynfield College to a taster morning. The purpose of the day is to give a “taste” of what it’s like to be a Lynfield student – going to different classes, trying a range of extra-curricular activities, and making connections with key people.

Buses will be organised from Blockhouse Bay intermediate, Waikowhai Intermediate and Glenavon School. BBI will be coming up on Monday 20 November, and other schools on Monday 13 November.

Invitations will be emailed to Year 8 families shortly.

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## *Project Week – Week 9*

We are looking forward to Project Week for Year 9 and 10 students in Week 9 of this term.

In previous years, we have had Caring for the Community, where students choose an activity to be involved in that makes a positive contribution to the community. This year, students will choose an activity that goes for the whole week, where they engage with the community, extend their interests and skills, or learn something new.

Students are selecting their activity this week and will be advised of their group from next week. Some of the activities have a cost involved, and these are signalled to the students before they make their choice.

If you have any questions about Project Week, please contact Deputy Principal Sharyn Hunt [shunt@lynfield.school.nz](mailto:shunt@lynfield.school.nz).

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## *Year 10 Commerce Market Day*

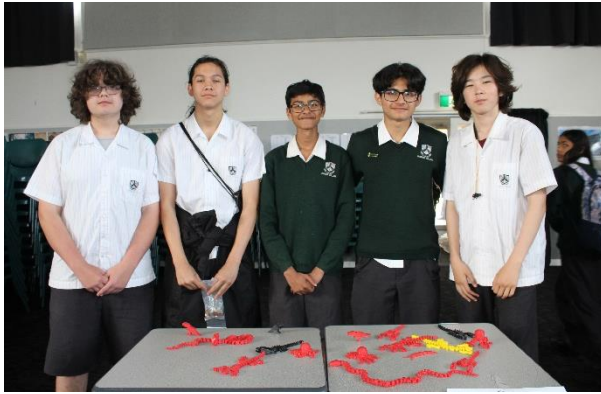
As students in 10COM this year, we learnt about a range of topics relating to Commerce from Economic needs, wants, and demand to Accounting statements and financial terms. We held a Market Day on Friday 20<sup>th</sup> October for our biggest topic, Enterprise Studies. As part of Enterprise Studies, all students in 10COM have to work collaboratively in small groups learning how to successfully startup a business whilst overcoming the hurdles and challenges faced.

Our journey to Market Day started with us brainstorming ideas that could potentially be appealing to the students at Lynfield College (our target market). After we selected and designed a product, we had to find a way to make our business sustainable by complying with the Māori business concept of Kaitiakitanga. We then created an informative business plan that would showcase our product, our market research alongside all of our financials which we had to present. It was almost like presenting to investors! We delegated the parts of the business plan and business coordination amongst the group members who each had a role – Chief Executive Officer (CEO), Finance Manager, Marketing and Sales Managers, Operations/Production Manager and Human Resources/Communications Manager.

Market Day was held in the hall and hall courtyard during lunchtime. The business groups said that it was a fun although overwhelming day and most of the groups made a profit and some even sold out their products! We think that Market Day was the easiest and most fun part of running our businesses. The hardest part was the planning and production of the products. Overall, it was a great learning experience and we will be taking Commerce next year!

Mahant Agrawal (CEO, Protectapods) & Charlotte McNaughton (Marketing Manager, Charming Trays)





## ***1HPR Students Visit Sunset BUPA Retirement Home***

In a heartwarming display of intergenerational connection and compassion, one of our 1HPR classes recently paid a visit to Bupa Sunset, a local retirement home, bringing smiles and cheer to the elderly residents. The event was a rewarding experience for all involved, highlighting the benefits of bridging the generation gap and fostering a sense of community.

As the students arrived at the rest home, there was a palpable sense of excitement in the air. Agnes, the rest home activities coordinator, went about pairing groups of students up with a variety of residents. Activities they were involved in ranged from life conversations, colouring, puzzles, playing board games and rehab exercises. It was a beautiful sight to witness as the generations came together, forming instant connections and building bonds that transcended age.

The joy and laughter that filled the room were infectious, reminding everyone present of the power of human connection. The residents relished the opportunity to share their wisdom and life lessons with the young minds, while the students absorbed the invaluable knowledge that only time and experience can provide.

This uplifting interaction not only brightened the day for the elderly residents but also left a lasting impact on the students. It served as a reminder that simple acts of kindness and spending quality time with the elderly can make a significant difference in their lives.

In a world that often seems fast-paced and disconnected, events like these serve as a reminder of the importance of nurturing relationships across generations. The school students' visit to the rest home exemplifies the beauty of compassion, empathy, and the positivity that can be generated by bringing different generations together.





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## *Learning Cycle Visit to Chinese Language Classes*

On Thursday 19 October, Dr Yang from Tui Tuia Learning Cycle of University of Auckland, Cultural Instructors Lucy and Selina from CNSST Foundation came to Lynfield College to run Chinese paper cutting workshops for our Y9 and Y10 Chinese classes. Chinese paper cutting has more than 1000 years history in China. The designs are flowers, animals, special Chinese characters, good luck symbols and so on, used to decorate houses for celebrating Chinese festivals. Our students were very interested in the paper cutting activities. They followed the instructors and produced many colourful and beautiful works. We would like to express our many thanks to Tui Tuia Learning Cycle and CNSST Foundation, many thanks to Dr Yang, Lucy and Selina for supporting the Lynfield College Chinese teaching and learning programme.



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## *Talented Lynfield College Performers*

### **HUNTER SAVIETE (Y12)**

On Saturday 7 October Hunter Savieti performed alongside NZ icon Annie Crummer and her roopu Te Whānau Raukura/ Haka the Legend at the Auckland Town Hall for the Colorsteel awards 2023. An awesome experience for our young Maori leader, Tau Ke!



### **ROCK BAND FAN CLUB NEW RELEASE**

Fan Club releases their new single *No Caller ID*.

Please help them kick the Spotify algorithm by streaming it!

<https://found.ee/NoCallerID-FC>

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## Learning German Creates Future Opportunities

Learning the German language gives you some exciting opportunities for your future! In Europe you will find around 100 million native speakers in Germany, Austria, Switzerland, Liechtenstein, Luxemburg and parts of Belgium and Italy. It is the most widely spoken language in Europe!

Lynfield College is part of the PASCH initiative, a global network of some 2000 schools that place a high value on German. 600,000 pupils worldwide have access to education projects, competitions, language courses and scholarships in Germany or multinational summer schools abroad, learning materials, guidance services or taster weeks at German universities promoting the German language and to help foster intercultural dialogue.

<https://www.pasch-net.de/en/pasch-initiative/ueber-die-initiative.html>

The DAAD, German Academic Exchange Service <https://www.daad.de/en/> also provides opportunities to get scholarships to study, to do an internship, your PhD study and/or research. Some of the careers include teaching and academia, law and international policy, diplomacy and international relations, international business and marketing, journalism and international affairs, engineering and technology and many more.

There are even more opportunities to go and to spend some time in Germany after high school:

The Bundesfreiwilligendienst (BFD) – [the federal volunteerservice: www.bundesfreiwilligendienst.de](http://www.bundesfreiwilligendienst.de), social, cultural or environmental volunteer work, 6-24 months, includes some training, pedagogical guidance, pocket money, social security.

Au Pair – e.g. [Au pair in Deutschland – vij Nürnberg \(vij-nuernberg.de\)](http://www.vij-nuernberg.de) be with a host family to provide childcare in return for accommodation, food, pocket money, etc.

Work and travel– 18-30 years, NZ citizens, up to 12 months, detailed information:

<https://wellington.diplo.de/nz-en>

Please take some time and have a look at the links. The connection between the two countries is unique and gives you a lot of options. Learn German and go and explore!

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## Year 13 School Spirit Activities

Year 13 students have been celebrating their time together with some special school spirit activities. Thursday was 'Tradie Day' and lunchtime brought an impromptu tag of war! Friday was 'Blast from the Past Day'. Learning Support staff got right into the action!



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## Careers Updates

Expand your teen's thinking. The more real work situations your teen can be exposed to, the more information they will have to know whether this is right for them.

**Careers Insight Newsletter** [Here](#) Check your Fees Free eligibility now.

**Year 12 & 13 'The Leaving School' magazine** is now available to read online. A free guide to study and career options for leavers preparing for life after school, whether going on to further study, start an apprenticeship or join the workforce. Click here - [Leaving School issue 28 | Oliver Lee Publications](#)

**STUDYLINK** - Apply before 16 December

If ākonga (students) are studying in 2024, don't miss 16 December. Apply online for a **Student Allowance or Loan** before 16 December to get the best chance of having everything sorted for study or training. [Students can login to MyStudyLink >](#)

### University of Auckland Updates:

Watch videos to help you through the application process [University 101: Things to know before applying - The University of Auckland](#)

Young Scholars Programme 2024 – current **Year 12 students** wanting a challenge-get a head start on your tertiary studies and view the application process and available courses here: [Young Scholars Programme - The University of Auckland](#)

**Year 13 students:** Kick-off your first year the right way with a Summer Programme [Kōkiri Raumati | Summer Programmes - The University of Auckland](#)

Choose from 'Summer Start' or 'Tōia ki Waipapa' or 'UniBound Summer'

See [here](#) for more information on the [Kōkiri Raumati scholarships](#) available for 2024 (closing 2 November 2023).

**Arts Podcast** [Research and Reason • A podcast on Spotify for Podcasters](#)

Free **Songwriting and Music Performance** Session [All Year 13s - Free Songwriting and Popular Music Vocal Performance Session Tickets, Fri 17/11/2023 at 12:00 PM | Eventbrite](#)

**Engineering** Apollo Programme [Apollo Programme - December 2023/January 2024 Summer Holidays \(office.com\)](#)

**AUT University Updates:** including tips for exams, support for starting at AUT next year, and submitting your application. [Auckland University of Technology \(aut.ac.nz\)](#)

### AUT UNIVERSITY Māori and Pacific STEM Camp 2023 Applications are still open

This four-day, three-night 'camp' is designed to empower Māori and Pacific students in Year 13 through science, technology, engineering and mathematics (STEM) and to grow a generation of leading STEM professionals. The programme is fully funded and provides an excellent opportunity for students to get a taste of university life in a supportive, inclusive environment. Registration link: [STEM Camp Programme - Māori & Pacific Students - AUT](#)

### Massey University - Join in November's webinars!

**Bachelor of Business Webinar** - unlock your business potential [Webinar: Bachelor of Business \(massey.ac.nz\)](#)

**Cultivating the Future - School of Agriculture and Environment Webinar** [Cultivating the Future: School of Agriculture and Environment Webinar \(massey.ac.nz\)](#)

**Shape your world with Massey's Resource and Environmental Planning Degree Webinar** [Shape your world with Massey's Resource and Environmental Planning Degree Tickets, Wed 15/11/2023 at 6:00 pm | Eventbrite](#)

### UNITEC

**CONTEMPORARY DANCE**- Kickstart your career in Dance at **Unitec-Te Pūkenga**

Apply now at <https://enrol.unitec.ac.nz/> to secure your **audition in October**.



**Interested in Tech?** **Queenstown Resort College Summer School Programme** is the perfect opportunity for you to get a head start and Level Up in Technology.....Contact [tech@qrc.ac.nz](mailto:tech@qrc.ac.nz) for more information and see [Machine Learning Fundamentals | Study in Queenstown, NZ \(qrc.ac.nz\)](#)

#### OPEN DAYS

**Techtorium NZ Institute of IT** open day, Saturday 28 October from 10 am to 1 pm. Go along and take your whanau and friends. Make sure to RSVP with the link attached to secure your spot- [Techtorium Open Day | 28th October | 10 am - 1pm](#)

#### JOB VACANCIES

**Strong Parts Group – Hiring now-Onehunga or Manukau-** Automotive dismantlers, Dispatch Assistants, Container Loaders, Forklift Operators and more. Email [hr@strongparts.net](mailto:hr@strongparts.net) or call on 021 540 1587 for further information.

**JOBS AND SKILLS HUBS Construction and Infrastructure** first entry level jobs available now. Students to check vacancies on Lynfield College Gateway Office wall or speak to a careers staff member for details.

#### SCHOLARSHIPS

University of Auckland Business scholarships [are still open. Scroll down to Business section: Scholarships for the Business School - The University of Auckland](#)

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## Sports Scene

### TEAM TALK

#### VOLLEYBALL

It has been an outstanding start to the season for our Junior Girls team winning all 4 games. The Junior Boys playing in a higher grade have had some very close games.

#### CRICKET

The Term 4 cricket competition started last Wednesday with the 1st XI Girls team winning by default. The 1<sup>st</sup> XI and Junior Boys have their first game this Saturday.

#### UNIFORM RETURN

Please return all sports uniforms to the Sports Office as soon as possible unless they are currently being used for cricket or volleyball. *When the uniform is returned the uniform bond will be refunded to your nominated bank account, as per the letter your son/daughter brought home at the beginning of the season.*

### CAN YOU OR ANYONE YOU KNOW HELP IN ANY WAY WITH SPORT IN 2024?

*This year we have had to restrict the number of teams in some sports because we simply could not find coaches to cater for all our students wanting to play sport. This definitely is NOT in line with our policy of providing quality sporting opportunities to all.*

We urgently need coaches and facilitators/managers for our Term 1, 2024 summer sports teams especially cricket and volleyball coaches and dragon boating sweeps/coaches. To facilitate a team you need NO knowledge of the sport. The role could involve communicating with the coach to help them as needed with organisational tasks but more likely your help with organising transport (eg sorting our carpooling) and possibly providing transport would be greatly appreciated.

We are currently recruiting coaches and facilitators for our 2024 winter sports too. Here the need is for coaches in basketball, netball, hockey and boys football.

***Every team must have a coach and facilitator/manager. If you, or anyone you know, is interested in helping in any way by becoming a part of the Lynfield Sport team, please contact the Sports Office:***

**09 627 0600 ext 595**

***sport@lynfield.school.nz***

***Remember, to be a team manager/facilitator, no knowledge of the sport is needed. It is simply a communication role.***

### **On-site Physiotherapists from PROACTIVE PHYSIOTHERAPY**

We have a physio available at the College **Monday, Wednesday and Friday**, located in the Wellness Centre. *Bookings are essential and must be made through our school nurse [nurse@lynfield.school.nz](mailto:nurse@lynfield.school.nz)* . Once booked, the student will receive follow up text reminders from the physio. All ACC cases are free. ACC injury must be because of an **accident**. Pre-game strapping is available at \$5 - \$10.

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## **Individual Sports Honours**

Congratulations to the following student who has performed exceptionally well in their chosen sports.

### **John Wu wins at Table Tennis Nationals**

Over the Term 3 school holidays one of our International Students, John Wu participated in the National Table Tennis Championships held in Invercargill. There was a lot of tough competition, however John was up to the challenge and came away with SIX medals!

#### **GOLD**

U19 Boys A Grade Teams

U21 Men's Doubles

#### **SILVER**

U21 Men's Singles

Open Men's A Grade Teams

#### **BRONZE**

NZ Open Men's Doubles

U19 Boys' Singles

**Congratulations to John on his outstanding result!**



*If your son &/or daughter has achieved representative status (Auckland or NZ) or has competed in such events the Sports Office would very much like to hear about this. Please either ask them to bring proof of the team they made/ level they achieved (eg. certificate, letter of selection etc) so we have the exact wording of their achievement, or email these details to [sport@lynfield.school.nz](mailto:sport@lynfield.school.nz)*

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## **Uniform Shop Information**

### **LATE NIGHT OPENING NOVEMBER 2023**

The shop will be open from 4pm – 8pm on Wednesday 22<sup>nd</sup> November 2023.

Should you require a fitting during that time please email the shop at [uniformshop@lynfield.school.nz](mailto:uniformshop@lynfield.school.nz) with "Late Night Booking" as the subject to arrange a time to come in.

### **New Student Uniform Fittings**

Fitting times for new students in 2024 are available on the following dates:

Saturday 20 and Sunday 21 January 10.00am – 3.00pm

Monday 23 January CLOSED

Tuesday 23 and Wednesday 24 January 10.00am – 3.00pm

Thursday 25 and Friday 26 January 3.00pm – 8.00pm

Saturday 27 January 10.00am – 3.00pm

Sunday 29 and Monday 30 January CLOSED

Tuesday 30 January – Friday 2 February 10.00am – 2.00pm

Bookings can be made on our website or at this link:

<https://outlook.office365.com/owa/calendar/UniformShopBookings@lynfield.school.nz/bookings/>

**Please arrive 10 minutes before your fitting time. Only one adult can accompany each student being fitted. Please book a fitting appointment for EACH student being fitted. Entry will be through Gate 2 at 191 White Swan Rd, Mt Roskill.**

### **WINZ Quotes For January Fitting Appointments**

If you require a Work and Income Quote for your uniform purchase, please email the shop at [uniformshop@lynfield.school.nz](mailto:uniformshop@lynfield.school.nz) at least **3 WEEKS BEFORE** your fitting appointment. We will then determine your requirements and provide a quote which you can take to WINZ to receive your card for payment. When you request your payment from WINZ please give them the date of your appointment, and let them know that you require the funding for that date!

### **Term Time Uniform Shop Hours**

The Uniform and Stationery Shop is open to all students onsite for their uniform and stationery needs during first and second interval Mondays to Thursdays, and on Fridays before school at 8 00 am and first interval.

**Parents can attend the shop at the following times:**

**Monday to Thursday | 10.00 am – 12.00 pm and 12.30 pm – 1.30 pm**

**Friday | 8.00 am – 11.30 am**

Online ordering is available through our website <https://www.lynfield.school.nz/shop.html>. Payment can be made by direct credit or credit card and students onsite are able to collect the items from the Shop during the above times.

Stationery packs are available in the shop and online for Year 9 students. Stationery lists for all other year levels can be found on our website <https://www.lynfield.school.nz/site/lynfieldcollege/files/Stationery-Lists-2022.pdf> and all stationery items on the lists are available for purchase at the Uniform and Stationery shop.

**Returns Policy** | We require a purchase receipt and tags to still be in garments to process returns. Pleated skirts must also still have their white 'runner stitch' in the bottom of the skirt for us to accept as a return.

## **PROACTIVE PHYSIOTHERAPY**

**Monday, Wednesday, & Friday**

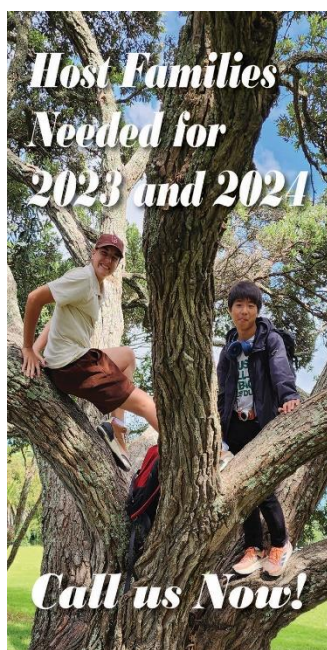
Available to ALL Lynfield students and teachers, administration staff. Located on school grounds in the Wellness Centre. Book with our school nurse [nurse@lynfield.school.nz](mailto:nurse@lynfield.school.nz)



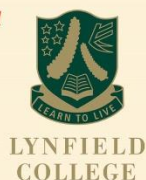
**PROACTIVE**  
*Four Corners of Health*

We treat all different types of injuries. Sports injury? Pain after a fall? We can help. Come and see Vijaya or Lauren in the clinic. No charge for ACC services (otherwise charges apply). Pre-game strapping available at \$5-\$10

Text reminders – non-attendance surcharges apply. Questions? Email us at [physiotherapists@lynfield.school.nz](mailto:physiotherapists@lynfield.school.nz)



*Hosting an international student is a fantastic opportunity to learn more about other cultures and forge life-long relationships.*



Enrich your lives through new friendships and cultural experiences and make a world of difference to an international student's experience by helping them feel at home with your family.

**Contact Homestay Coordinator**  
**Vibha Bangs for more information**  
**or an application form:**  
**Email: [homestay@lynfield.school.nz](mailto:homestay@lynfield.school.nz)**

